One Heart
CARDIOLOGY

Call for an appointment: 03 9374 4884
Fax: 03 9374 4885
Email: reception@ohcardiology.com.au

Main Rooms
62 Buckley Street, Essendon, Vic 3040
Suite 31 Showgrounds Village, Government Pavilion Building
320-380 Epsom Road, Flemington, Vic 3031
www.OneHeartCardiology.com.au

RAPID ACCESS CHEST PAIN CLINIC REFERRAL

Patient Details

Patient Name: .....

Date of Birth: ..... Phone/Mobile: .....

Medicare Number: .....

Address: .....

Request for

Rapid Access Chest Pain Clinic for Cardiologist Review +/- Investigations ☐

Clinical History

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Risk Factors

Hypertension ☐ Diabetes ☐ Dyslipidaemia ☐ Smoker ☐ Family History ☐

Referrer Details

Dr Name: ..... Provider Number: .....

Practice Address: .....

Phone No: ..... Fax No: .....

Copy to: .....

Report

Phone Report ☐ Fax Report ☐ Mail Report ☐

Signature **Date**

See reverse for instructions

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RAPID ACCESS CHEST PAIN CLINIC REFERRAL

Rapid Access Chest Pain Clinic at One Heart Cardiology provides prompt expert cardiology assessment and investigations for Chest Pain symptoms.

We aim to perform one or more of the investigations on the day or within one week of the initial assessment.

Investigations offered by One Heart Cardiology may include:

- Exercise Stress echocardiogram
- Echocardiogram
- ECG
- Invasive coronary angiography

Investigations offered by External Providers may include:

- CT coronary angiography
- Myocardial perfusion scan

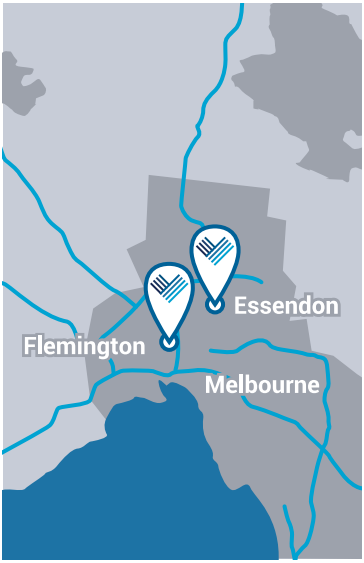
Referral Guidelines

Appropriate patients for the RACPC include:

- New Symptoms/recent onset of chest pain
- Chest pain suspected to be of cardiac origin
- Increasing chest pain, or change in pattern of chest pain
- Chest pain of uncertain origin
- Other chest pain of concern

Patients not suitable for RACPC include:

- Patients with suspected acute coronary syndromes should be referred to an Emergency department, or discussed directly with one of our cardiologists



Instructions for Diagnostic Tests

All Diagnostic Tests are BULK-BILLED

Exercise Stress Echocardiography – Duration: 20-30 minutes
This test involves exercising on a treadmill for a short period of time while we monitor your rhythm and blood pressure. Ultrasound images of the heart will be taken before and after exercise. Please wear comfortable 2 piece attire and walking shoes.

Echocardiography – Duration: 30 minutes
This test uses sound waves to take pictures of your heart to assess function and structure.

24 Hour Holter Monitoring – Duration: 10 minutes to fit.
Holter monitoring lasts for 24 hours and records your heart rate and rhythm. You wear a small recorder and wires run from the recorder to electrodes attached to your chest. You can go about your normal activities. Loose fitting clothes need to be worm while wearing the monitor. The only restriction while wearing the monitor is no showering.

24 Hour Blood Pressure Monitoring (Privately Charged) – Duration: 10 minutes to fit.
Blood pressure readings are recorded over 24 hours. You wear a small recorder and a blood pressure cuff. You can go about your normal activities. Loose fitting clothes need to be worn while wearing the monitor. The only restriction while wearing the monitor is no showering.

ECG – Duration: 5 minutes
A simple recording of the electrical activity of the heart. The skin is prepared by rubbing or shaving so that recording dots can stick to the skin.