One Heart CARDIOLOGY

Main Rooms
62 Buckley Street, Essendon, Vic 3040
Suite 31 Showgrounds Village,
Government Pavilion Building
320-380 Epsom Road, Flemington, Vic 3031
www.OneHeartCardiology.com.au

Call for an appointment: 03 9374 4884
Fax: 03 9374 4885 | Email: reception@ohc.com.au

PATIENT DETAILS

Name:	Phone/Mobile:
D.O.B.:	Medicare Number:
Address:	

CONSULTATION REFERRAL

Consultant Cardiologists
☐ Consultation

☐ Dr Adam Gay	☐ Dr William Wilson	☐ Dr Stacey Peters	☐ Dr Pavithra Jayadeva
☐ A/Prof Geoff Lee	☐ Dr Brendan Flaim	☐ Dr Robert Anderson	☐ Dr Nicholas D'Elia
☐ Dr Ronen Gurvitch	☐ Dr David Tsang	☐ Dr Melissa Lee	☐ Dr Youlin Koh

DIAGNOSTIC REQUEST FORM

STUDY REQUESTED	INDICATIONS
☐ **Exercise Stress Echocardiogram**	☐ Typical angina (chest discomfort) ☐ Atypical angina (chest discomfort) ☐ Exertional dyspnoea unknown ethology ☐ Known coronary artery disease with evolved symptoms ☐ Abnormal ECG without known history ☐ Abnormal cardiac CT ☐ Silent ischemia is suspected ☐ Pre-op assessment with reduced exercise capacity (<4METS) ☐ Pre-op assessment with at least one of: heart failure, ischaemic heart disease, stroke/TIA, CrCl<60, or diabetes on insulin ☐ Prior to valvular intervention ☐ Other indication (no Medicare rebate): _____
☐ **Echocardiogram** ☐ Baseline ☐ Bubble Study	☐ Symptoms or signs of heart failure (e.g. shortness of breath, ankle swelling, etc) ☐ Ventricular dysfunction (suspected or known) ☐ Ventricular hypertrophy (suspected or known) ☐ Congenital heart disease/heart tumour ☐ Cardiotoxic medication ☐ Stroke or thromboembolism ☐ Valvular heart disease ☐ Murmur for investigation ☐ Aortic or pericardial disease ☐ Pulmonary Hypertension ☐ Other indication (no Medicare rebate) _____
☐ **ECG** ☐ Trace and Report	☐ _____
☐ **Monitoring** ☐ 24 Hour Holter Monitoring ☐ 7 Day Event Monitoring (private fee) ☐ 30 Day Heart Bug Monitoring (private fee) ☐ Rooti RX 1-7 day (private fee)	☐ Syncope ☐ Pre-syncopal episodes ☐ Unexplained syncope ☐ Palpitations ☐ Another suspected asymptomatic arrythmia ☐ Surveillance following cardiac surgical procedures that have an established risk of causing dysrhythmia ☐ For detection of asymptomatic atrial fibrillation (AF) following a transient ischaemic attack (TIA) or cryptogenic stroke
☐ **24 Hour Blood Pressure Monitoring** (private fee)	☐ Commenced anti-hypersensitive medications (private fee) ☐ Systolic BP greater than or equal to 140mmHg ☐ Diastolic BP greater than or equal to 90mmHg ☐ Other indication (no Medicare rebate) _____
☐ **Exercise Stress ECG**	☐ Symptoms consistent with cardiac ischaemia ☐ Other cardiac disease which may be exacerbated by exercise ☐ First degree relatives with suspected heritable arrhythmia ☐ Other indication (no Medicare rebate): _____
☐ **Implantable Device Interrogation**	☐ Pacemaker Check : Make/Model _____ Date of last check : _____ ☐ ICD Check : Make/Model _____ Date of last check : _____

CLINICAL HISTORY Include previous cardiac diagnostic test results (if known)

☐ Hypertension ☐ Diabetes ☐ Dyslipidaemia ☐ Smoker ☐ Family History

REFERRING DOCTOR'S DETAILS GENERAL PRACTITIONER ☐ SPECIALIST ☐ CONSULTANT PHYSICIAN ☐

Name:		Provider Number:
Address:		
Phone:	Fax:	Email:
Healthlink/Argus:	Signature:	Date:
Copies to:		

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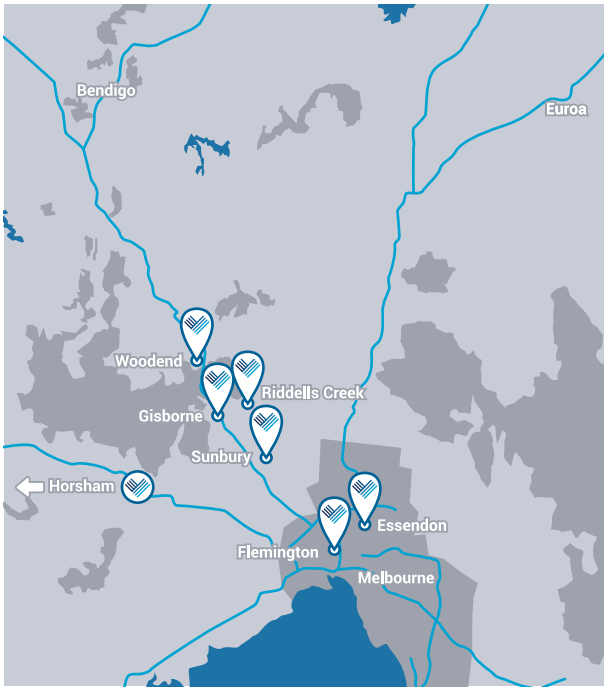
OUR SPECIALISTS		ESSENDON	FLEMINGTON	GISBORNE	HORSHAM	RIDDELLS CREEK	SUNBURY	WOODEND
Dr Adam Gay	Consultant Cardiologist	■	■					
Dr Ronen Gurvitch	Consultant & Interventional Cardiologist	■	■	■			■	■
Dr William Wilson	Interventional Cardiologist and Adult Congenital Heart Disease Specialist	■	■		■	■		
A/Prof Geoff Lee	Cardiologist & Electrophysiologist		■					
Dr Brendan Flaim	Consultant Cardiologist	■	■				■	
Dr David Tsang	Consultant Cardiologist	■	■					
Dr Stacey Peters	Consultant Cardiologist	■	■					
Dr Melissa Lee	Consultant Cardiologist		■					
Dr Robert Anderson	Cardiologist & Electrophysiologist		■					
Dr Pavithra Jayadeva	Consultant Cardiologist	■	■					
Dr Youlin Koh	Consultant Cardiologist	■						
Dr Nicholas D'Elia	Consultant Cardiologist	■					■	

OUR LOCATIONS	CONSULTATION	EXERCISE STRESS ECHOCARDIOGRAPHY	ECHOCARDIOGRAPHY	24 HOUR HOLTER MONITOR	24 HOUR BLOOD PRESSURE	HEARTBUG	PACEMAKER CHECKS	ECG
ESSENDON – One Heart Cardiology, 62 Buckley St	■	■	■	■	■	■	■	■
FLEMINGTON – One Heart Cardiology, Suite 31, 320-380 Epsom Rd	■	■	■	■	■	■	■	■
GISBORNE – Gisborne Medical Centre, 16 Brantome St	■		■					■
HORSHAM – Lister House Medical Clinic, 146 Baillie St	■	■	■	■	■			■
HORSHAM – Wimmera Medical Centre, 6-12 Read St	■			■	■			■
RIDDELLS CREEK – Riddells Country Practice, 9 Station St	■							
SUNBURY – Vineyard Medical Centre, Cnr Vineyard Rd & Sussex Crt	■		■					■
SUNBURY – Evans Street Medical Centre, 81 Evans St	■		■					■
WOODEND – Brooke Street Medical Centre, 14 Brooke St	■		■					■



Instructions for Diagnostic Tests

All Diagnostic Tests are BULK-BILLED

Exercise Stress Echocardiography

This test involves exercising on a treadmill for a short period of time while we monitor your rhythm and blood pressure. Ultrasound images of the heart will be taken before and after exercise. Please wear comfortable 2 piece attire and walking shoes.
Duration: 20-30 minutes

Echocardiography

This test uses sound waves to take pictures of your heart to assess function and structure.
Duration: 30 minutes

24 Hour Holter Monitoring

Holter monitoring lasts for 24 hours and records your heart rate and rhythm. You wear a small recorder and wires run from the recorder to electrodes attached to your chest. You can go about your normal activities. Loose fitting clothes need to be worm while wearing the monitor. The only restriction while wearing the monitor is no showering.
Duration: 10 minutes to fit.

24 Hour Blood Pressure Monitoring (Privately Charged)

Blood pressure readings are recorded over 24 hours. You wear a small recorder and a blood pressure cuff. You can go about your normal activities. Loose fitting clothes need to be worn while wearing the monitor. The only restriction while wearing the monitor is no showering.
Duration: 10 minutes to fit.

ECG

A simple recording of the electrical activity of the heart. The skin is prepared by rubbing or shaving so that recording dots can stick to the skin.
Duration: 5 minutes